

	Wednesday, October 21, 2020	Thursday, October 22, 2020	Friday, October 23, 2020
Morning	11:00 am – 12:30 pm <ul style="list-style-type: none"> ▪ Introduction to the Retreat ▪ Introduction to Rev Janice MacLean ▪ Opening Worship 	11:00 am <ul style="list-style-type: none"> ▪ Worship 	
Afternoon	<ul style="list-style-type: none"> ▪ Spend some time with the program created by Janice MacLean 	<ul style="list-style-type: none"> ▪ Continue with today's meditations from Janice 	2:00 pm <ul style="list-style-type: none"> ▪ Debrief ▪ Closing worship with Communion
Evening	7:00 pm – 8:30 pm <ul style="list-style-type: none"> ▪ Time with Moderator Richard Bott 	7:00 pm – 9:00 pm <ul style="list-style-type: none"> ▪ Kitchen Party <i>Bring your own kitchens</i>	

This will be a virtual retreat through Zoom. Rev. Janice MacLean from Prayer Bench Ministry is creating a program for us for the 3 days. We will send out each day first thing in the morning so you will have something to wake up to. We will be spending time with scripture, time in meditation, we will have time to spend with friends new and long time. We are hoping that our Kitchen party will consist of music songs and storytelling. At the end we will celebrate communion together